Scaling up Care Coordination and Telehealth deployment across European regions

**Partners:**

**Germany**
1. Philips Medizin Systeme Boblingen GMBH (Lead Partner)
2. Universitätsklinikum Würzburg – Klinikum der Bayerischen Juliusmaximilians – Universität

**Netherlands**
3. University Medical Center Groningen (Deployment site)
4. Philips Electronics Nederland b.v.
5. Philips Research

**Denmark**
6. RSD – Region of Southern Denmark – (Deployment site)
7. Kronikgune – Asociacion Centro de Excelencia Internacional en Investigacion Sobre Cronicidad
8. AQUAS – Agencia De Qualitat I Avaluacio Sanitaries De Catalunya (Deployment site)
9. IDIBAPS – Consorci Institut d’Institucions Biomediques August Pi i Sunyer (Deployment site)

**Spain**
10. Osakidetza – Servicio Vasco de Salud – (Deployment site)
11. AQUAS – Agencia De Qualitat I Avaluacio Sanitaries De Catalunya (Deployment site)
12. The City University
13. University of Hull

**Greece**
14. Aristotle University Of Thessaloniki

**United Kingdom**
15. Northern Ireland – Regional Agency for Public Health and Social Well-being (Deployment site)

**Facts about ACT@Scale**
ACT@Scale runs for 3 years starting from the 4th of March 2016 and has a total budget of €3,5m. The consortium consists of regions and partners from 6 EU and Associated countries. The project is coordinated by Philips Healthcare located in Germany. ACT@Scale builds on the expertise and successful experiences of the ACT programme and will use tested and tried collaborative methods and tools to implement improvements.

This publication arises from the ACT@Scale (Advancing Care Coordination and Telehealth deployment at Scale) Programme which has received funding from the European Union, in the framework of the Health Programme under grant agreement 709770.
**About the project**

The implementation of innovative healthcare solutions is on the agenda in regions across Europe. ACT@Scale taps into experiences from successful real life deployment projects in 5 European regions and moves beyond condition specific areas by focusing on how innovative healthcare solutions are scaled up successfully on an organisational level. By using indicators to assess real world services and linking drivers and outcomes, ACT@Scale will provide guidance on changing care service delivery in European regions and beyond.

ACT@Scale is a partnership of innovative European healthcare regions, industry and academia with potential to transform cure and care delivery services from pilots to scaled up, routine care practice for the benefit of the European population. ACT@Scale consolidates identified best practice Care Coordination and Telehealth concepts that can be leveraged by the participating regions but also transferred to other regions.

**Goals & methods**

The overall goal for ACT@Scale is to identify, transfer and scale up existing and operational Care Coordination and Telehealth good practices with the target of reaching a total of 75,000 care recipients across regions and programmes in multiple European countries. ACT@Scale activities are built around key methods and aspects needed in order to reach the project goal. At the same time, the activities reflect the areas that need to be addressed in an upscaling process. These areas include and cover:

- **Stakeholder and change management**
- **Service selection**
- **Sustainability and business models**
- **Citizen empowerment**

In the coming three years, the exploration of these key areas will show how technology and services can ensure the optimal upscaling process across 5 regions in 4 EU countries. A holistic assessment will be performed based on an agreed minimum dataset of indicators supported by local and centralised data management tools, i.e. the Evaluation Engine.

ACT@Scale supports the EIPonAHA initiatives and delivers input and knowledge to the partnership. Project results are expected to facilitate concrete decision-making at EU policy level, and show payers, practitioners, and providers how patient care can be improved in light of an ageing society and pressured care systems under restricted budgets.

**Services**

ACT@Scale is targeting different good practices in the Basque Country, Catalonia, Northern Netherlands, Northern Ireland and Southern Denmark, all of which are in the process of implementing novel Care Coordination & Telehealth services and processes on a larger scale. The diversity in the services is unique and will generate knowledge about upscaling across programmes and health issues.

<table>
<thead>
<tr>
<th>Region</th>
<th>Programme</th>
<th>Target Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basque Country</td>
<td>Multimorbab Population Integrated Intervention Programme</td>
<td>Complex multimorbid patients</td>
</tr>
<tr>
<td></td>
<td>Telemonitoring services for Congestive Heart Failure</td>
<td>Heart failure patients</td>
</tr>
<tr>
<td>Catalonia</td>
<td>Healthcare support programmes for nursing homes</td>
<td>Elderly living in institutionalised homes</td>
</tr>
<tr>
<td></td>
<td>The Chronic Patient Programme – Badalona Serveis Assistencials</td>
<td>Complex chronic and frail patients</td>
</tr>
<tr>
<td></td>
<td>Support of complex case management – AISBE</td>
<td>Complex patients that require linking tertiary care with the community</td>
</tr>
<tr>
<td></td>
<td>Collaborative self-management services promoting healthy lifestyles: physical activity – AISBE</td>
<td>Chronic patients in need of physical activity</td>
</tr>
<tr>
<td></td>
<td>Integrated care for subacute and frail older adults PSPV</td>
<td>Frail elderly patients</td>
</tr>
<tr>
<td>Northern Netherlands – Groningen</td>
<td>Asthma / COPD Telehealth service</td>
<td>Patients suffering from asthma and / or COPD</td>
</tr>
<tr>
<td></td>
<td>Embrace – Connecting health and community services</td>
<td>Citizens above the age of 75</td>
</tr>
<tr>
<td></td>
<td>Heart Failure Programme</td>
<td>Complex heart failure patients</td>
</tr>
<tr>
<td>Northern Ireland</td>
<td>COPD telemonitoring services</td>
<td>People with COPD</td>
</tr>
<tr>
<td></td>
<td>Diabetes telemonitoring services</td>
<td>People with diabetes</td>
</tr>
<tr>
<td></td>
<td>Weight management tele-monitoring services</td>
<td>Women with BMI over 39</td>
</tr>
<tr>
<td>South Denmark</td>
<td>Centre for Telepsychiatry</td>
<td>Citizens eligible for telepsychiatric treatment</td>
</tr>
</tbody>
</table>

Want to join ACT@Scale as an Collaborating Member? Contact Cristina Bescos - cristina.bescos@philips.com